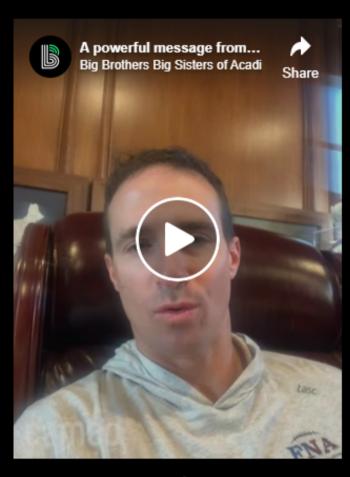


NEWSLETTER MARCH 3rd, 2021





BBBS NEWS & UPDATES



Big Brothers Big Sisters of Acadiana received a powerful message from New Orleans Saints Quarterback, Drew Brees, on the importance of mentoring. Check out the video on our FaceBook page. Be sure to like, share & comment on the post to help Drew spread his message!

The Big Draft is going on until April 30th. Follow our social media pages (facebook, instagram & twitter) (acadianabigs for updates. Tag anyone you believe would make a great Big in our posts!



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BBBS NEWS & UPDATES cont.



WOMEN'S HISTORY MONTH



The month of March is

Women's History

Month! This month we
will showcase the great
achievements and
victories won by women,
and share powerful
stories of women
breaking barriers and
reaching new heights.

'WE GOT YOU' PODCAST FEATURES LITTLE BROTHER JAYLIN

Jaylin, the National Little Brother of the Year 2020 from Big Brothers Big Sisters of Central Ohio, is featured on the 'We Got You' podcast! You may recall his amazing story of how he was able to survive and thrive after coping with the death of his mother and father. Listen in to hear his story of resilience and how he is inspiring other young people who may have given up hope.



This podcast is designed for tweens/ teens and may not be suitable for younger audiences.

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ACTIVITY IDEAS



DOWNTOWN ALIVE! RETURNS THIS MONTH

Downtown Lafayette Unlimited is thrilled to announce it will host the 38th season of Downtown Alive! virtually. This 3-part series will begin in March and take place on the third Friday of each month. Tune in to the DTA! Facebook page at 6 pm to see the shows LIVE!

MORE DETAILS HERE



GET ACTIVE!

Zydeco Marathon is happening in Downtown Lafayette the weekend of March 12-14th. There is a 5k & 1 Mile option as well as volunteer opportunities. Learn more about registering or volunteering <u>HERE!</u>



SPRING CRAFT FAIR

Spring Family Fun at LARC's Acadian Village. Stroll through the village while browsing the booths of local craft vendors. Photos with the Easter bunny will be available for children along with an egg hunt in the village. Concessions will be sold during the event. Tickets can be purchased online or at the door. Admission: \$4 for attendees aged 10 and above. MORE DETAILS HERE.

COMMUNITY RESOURCES

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Louisiana Moves to Phase 3 Reopening

Key provisions of the governor's new 28-day order that begins Wed., March 3, include:

- The state-wide mask mandate remains in place.
- Restaurants, salons and most retailers can increase capacity from 50% to 75%.
- Bars can offer indoor service with a maximum capacity of 25% or up to 50% in parishes where positivity rates or 5% or less for two consecutive weeks. Crowds are capped at 250.
- Live music will be allowed, but only after approval from the Louisiana Fire Marshal.
- Gyms and fitness centers will remain at 50% capacity.
- Churches will have no limitations on capacity with social distancing.
- Athletic events are allowed 50% capacity.



CHARITY GARAGE SALE

15th Annual Charity Garage Sale Event on Saturday, March 13, 2021 from 8am-5pm at the Jockey Lot.

Big Brothers Big Sisters of Acadiana will be receiving proceeds from this fun event! There will Be LIVE Music, Drink Specials, Crawfish, Food Stands, Free Face Painting for the kids and much much more!

GET MORE INFO HERE!

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COMMUNITY RESOURCES



Virtual Body Talks
for Girls & Boys
hosted by the
Woman's Foundation

The Body Talk class covers the basics of puberty for young adolescences. Perfect for children currently going through puberty or children who are showing the first signs of puberty or have friends who are showing signs of puberty. The instructor will discuss topics such as the five stages of development, good hygiene habits, feelings and emotions. Listen to their podcasts for FREE HERE or see the list of virtual classes offered to youth.

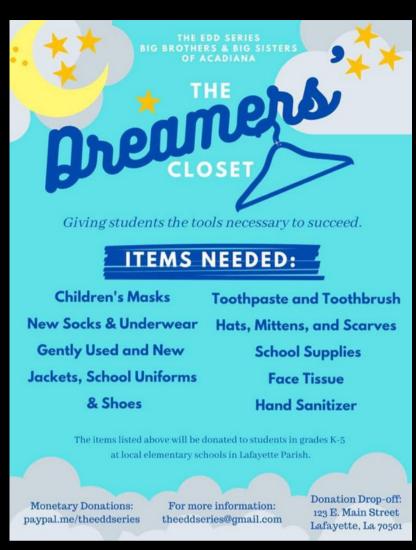
Internet Safety: <u>Tips to keeping your</u> children safe online

The Baton Rouge Children's Advocacy Center is offering Adult online classes on



Internet Safety. Sessions will be hosted Live by an Education Specialist trained on Internet Safety, and will educate parents & caregivers on the following: * How to recognize unsafe online situations children may face while using online gaming platforms, chat rooms, & social media; * Signs of cyber bulling, sexting, online grooming, & human trafficking; * Management of devices & internet use; * Steps to follow if confronted with an unsafe online situation & how to report it. The class is FREE

Please register in advance HERE



We are in need of GENTLY USED & NEW school uniforms!

So often youth arrive at school wearing uniforms that are too small, severely damaged or not suitable for the weather.

You may drop them off at our office mon-fri from 9am-4pm

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FOR BIGS ONLY

REFER A MENTOR: Current Bigs can refer a friend to attend a Virtual Info Session and receive a VIP Invite to the Big Draft Celebration on April 30th! VIPs will receive perks like free beer, pizza & swag at our celebration. More information on the Big Draft Celebration coming soon. If you know someone interested in becoming a Big, they can register for a Virtual Info Session Here to learn about our mission & what it takes to mentor youth in our community. Email choward@acadianabigs to let us know when you refer a friend!

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We know many parents are feeling the stress of supporting & providing for their children over the weeks & months to come. We will try our best to provide any resources we come across!

- If your workplace has temporarily closed or you have been told to take unpaid time off, you may be eligible for unemployment benefits through the Louisiana Workforce Commission.
- A crisis text line has been activated to provide FREE, confidential support for people 24/7. If you need to talk to someone, you can get connected by texting REACHOUT to 741741 to reach a trained crisis counselor who will help de-escalate, identify coping strategies and use active listening techniques to support you.
- Get the lasted COVID19 and Phase information <u>HERE</u>.
- Find the latest Lafayette Parish **COVID UPDATES HERE**

Do not hesitate to contact us if you have any questions, concerns or requests!



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